



**Argyle Independent School District**  
EXTERNAL PHYSICAL EDUCATION PROGRAM REQUIREMENTS

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*The following basic requirements have been established by the Argyle Independent School District and the Texas Education Agency. These requirements must be met and maintained to be eligible for participation in the program.*

1. The purpose of the program is to accommodate students who are making a serious effort to develop high level capabilities and to allow them to be involved in an External P.E. program that provides training exceeding that offered in the school district.
2. External P.E. activity programs will be approved for only those students who have been strongly recommended by qualified instructors.
3. Only those students in grades seven through twelve will be eligible for consideration for the External P.E. program. Only one year of External PE credit is necessary for Middle School students. Thus, they will only be allowed to enroll one year in this program.
4. Only those students involved in the activities of **SWIMMING, DANCE, BALLET, GYMNASTICS, EQUESTRIAN, TENNIS, GOLF, SOCCER, and CYCLING** will be considered for the External P.E. program. Others (by application) will be considered by the program directors.
5. Student applying for External Physical Education will be considered under two categories:

**Category One: (High School ONLY, except in special circumstances when approved by MS Principal and External PE Director)** These programs typically involve a minimum of 15 hours per week of highly intense, professionally supervised training leading to Olympic caliber performance. Students qualifying at this level may be dismissed from school one period per day for such participation. Students participating at this level may receive a maximum of one-half credit per semester.

**Category Two:** These programs are to be of high quality, well supervised by appropriately trained instructors and consisting of a minimum of 5 hours per week. Students certified to participate at this level **MAY NOT** be dismissed from any part of the regular school day. Students participating at this level may receive a maximum of one-half credit per semester.

**Category One and Two:** The student must participate in a minimum of four days during the school week (Monday – Friday) , plus an additional day that may fall on either the weekend or during the week.

6. Students who are participating in the program for physical education credit **MAY NOT BE ENROLLED IN ANOTHER PHYSICAL EDUCATION CLASS OR ATHLETICS** during this time.
7. The student may not have more than five unexcused absences per semester and remain in the program.
8. Students participating in Category I activities may be dismissed from only first or last period class.
9. The facility will be required to document and certify all efforts to comply with the Texas Essential Knowledge and Skills (TEKS) as they apply to the specific activity being taught.

10. The records concerning attendance, grades, records of competition, contest results, etc. must be fully completed and forwarded to the program director **by the appropriate due date.**
11. The instructor will be required to report a numerical grade at the conclusion of each school grading period.
12. The instructor must constantly observe and evaluate the student's attitude, work habits and progress. If at any time the student fails to maintain this high level of performance, the instructor will be expected to contact the program director and withdraw his recommendation. The student will no longer be considered eligible for the off-campus program.
13. External PE Director will deduct points for grades turned in late.  
5 points per day will automatically be taken from the student's 4 weeks grade.

**ARGYLE INDEPENDENT SCHOOL DISTRICT  
 EXTERNAL PHYSICAL EDUCATION APPLICATION**

(Mail completed applications to the High School or Middle School office)

ATTN:  
 ARGYLE HIGH SCHOOL  
**Chance Westmoreland**  
**6601 Canyon Falls Drive**  
**Argyle, TX 76226**  
[chance.westmoreland@argyleisd.com](mailto:chance.westmoreland@argyleisd.com)

ATTN:  
 ARGYLE MIDDLE SCHOOL  
**Ben Ramsey**  
**191 S. Hwy 377**  
**Argyle, TX 76226 Argyle, TX 76226**  
[ben.ramsey@argyleisd.com](mailto:ben.ramsey@argyleisd.com)

**Applications received after the first week of school WILL NOT be considered!!**  
**\*\*\*A \$75.00 check to cover the External PE fees must be attached to this form.**  
**Make checks payable to: Argyle High School.**

TO BE COMPLETED BY **STUDENT**:

Name: \_\_\_\_\_ School: \_\_\_\_\_

Sex: M \_\_\_\_\_ F \_\_\_\_\_ Grade: \_\_\_\_\_ Student ID#: \_\_\_\_\_

Parent/guardian: \_\_\_\_\_ Counselor: \_\_\_\_\_

Address: \_\_\_\_\_ Activity: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Telephone: \_\_\_\_\_

Home Email: \_\_\_\_\_ **(REQUIRED, please keep updated)**

I am applying for admission into External P.E. for: (Place an X next to the semester and category requested)

\_\_\_\_ Semester I \_\_\_\_ Category I \_\_\_\_ Semester II \_\_\_\_ Both Semesters \_\_\_\_ Category II

Name of Facility: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Instructor: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Instructor Email (REQUIRED): \_\_\_\_\_

**To be completed by school official**

**FOR DISTRICT USE ONLY:**

Date rec'd \_\_\_\_\_ Rec'd by \_\_\_\_\_

**TO BE COMPLETED BY PARENT AND STUDENT:**

**PARENT PERMISSION**

I have read the guidelines for External Physical Education and I agree to comply with those regulations. I hereby release the Argyle Independent School District, its employees, agents, and its Board of Trustees from all claims or liability in any way attributable to this program, include: all travel to, from and during the program. I also understand that all liability in case of an accident or hospitalization is the responsibility of the parent or of the private or commercial school. The Argyle Independent School District is not responsible for accident or hospitalization insurance. I understand that the Argyle Independent School District has no control over the daily activities of the program, quality of the program, or qualifications of the instructor in the program.

My son/daughter, \_\_\_\_\_ has permission to participate in the External Physical Education program for \_\_\_\_\_ at \_\_\_\_\_

(Off-campus activity) (Off-campus facility's name)

Parent/guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature \_\_\_\_\_ Date: \_\_\_\_\_

**TO BE COMPLETED AND SIGNED BY THE FACILITY INSTRUCTOR:**

**TENTATIVE SCHEDULE (REQUIRED)**

The student must participate in his/her activity, under professional supervision, a minimum of 15 hours for Category I or 5 hours for Category II each week at one approved agency. The records concerning attendance, grades, records of competition, contest results, etc. must be completed and returned to the athletic coordinator at the end of each six weeks period.

The following schedule must be completed and signed by the instructor before the application will be considered. The instructor/facility (Room 204) should notify the counseling office, 940-262-7777, if a change occurs in the schedule.

	Beginning time	Ending time	Activity
Monday	_____	_____	_____
Tuesday	_____	_____	_____
Wednesday	_____	_____	_____
Thursday	_____	_____	_____
Friday	_____	_____	_____
Saturday	_____	_____	_____
Sunday	_____	_____	_____

As a qualified professional instructor, your signature verifies the above schedule and recommends this student possess the ability to potentially develop into an Olympic-caliber performer if Category I.

INSTRUCTOR'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**Argyle Independent School District**  
EXTERNAL PHYSICAL EDUCATION PROGRAM INSTRUCTOR AGREEMENT

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**Facility Instructor's Name**

As a professional instructor, I am aware of the emphasis on program objectives, grading based on performance and attendance established by public education and the Argyle Independent School District.

I understand the problems inherent in a program such as External Physical Education and the importance of maintaining program integrity. Therefore, I will support the following condition to my approval as an External P.E. instructor.

1. The instructor will adhere to the district's guideline for attendance by the student. The student must participate in his/her activity, under professional supervision, a minimum of 15 hours (Category I) or 5 hours (Category II) each week at one facility. All such participation must be under the direct supervision of the instructor.
2. The instructor will keep an accurate record of student attendance.
3. The instructor will forward a numerical grade recommendation based on student performance and attendance as requested.
4. The instructor will submit a written outline of program objectives and activities when requested.

If the student's attendance becomes irregular. I understand that the Argyle Independent School District is accountable for the participation of each AISD student in the External Physical Education program. I will make every effort to cooperate with the district in their accounting procedures.

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Instructor's Signature

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Date

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Instructor's email

*\*Once enrolled, I will **email** a Grade/Attendance Report Form that will be filled out 4 times per year for grading purposes.*

**Argyle Independent School District**  
**EXTERNAL PHYSICAL EDUCATION PROGRAM REQUIREMENTS**  
**GRADE/ATTENDANCE REPORT**

**\*IMPORTANT: *Make adequate photocopies of this form for the number of grading periods you will be reporting (2 per semester, 4 per year).***

Student's Name: \_\_\_\_\_

Activity: \_\_\_\_\_

Grading Period DUE DATE \_\_\_\_\_ # Excused Absences \_\_\_\_\_ # Unexcused Absences \_\_\_\_\_

**Numerical Grade (0-100)**

\_\_\_\_\_  
**1<sup>st</sup> Nine Weeks**

5 days prior to end of 9 Weeks grading period

\_\_\_\_\_  
**2<sup>nd</sup> Nine Weeks**

5 days prior to end of 9 Weeks grading period

\_\_\_\_\_  
**3<sup>rd</sup> Nine Weeks**

5 days prior to end of 9 Weeks grading period

\_\_\_\_\_  
**4<sup>th</sup> Nine Weeks**

5 days prior to end of 9 Weeks grading period

Instructor's Name (print) \_\_\_\_\_

Instructor's Signature \_\_\_\_\_

Date submitted \_\_\_\_\_

This form must be received by the appropriate director by the due date given.

**Points will be deducted from the student's average, at the discretion of the External P.E. Director.**

Email reports to:

*Chance Westmoreland. Argyle High School or*

[chance.westmoreland@argyleisd.com](mailto:chance.westmoreland@argyleisd.com)

*Ben Ramsey. Argyle Middle School or [ben.ramsey@argyleisd.com](mailto:ben.ramsey@argyleisd.com)*

**\*\*FORMS MUST BE DROPPED OFF TO THE FOLLOWING:**

**HIGH SCHOOL OFFICE ATTENTION: *Chance Westmoreland***

**MIDDLE SCHOOL OFFICE ATTENTION: *Ben Ramsey***