



*Argyle Independent School District*

800 EAGLE DRIVE

*Argyle, Texas 76226*

[www.argyleisd.com](http://www.argyleisd.com)



ELEMENTARY SCHOOL  
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FAX (940) 464-4017

INTERMEDIATE SCHOOL  
(940) 464-5100  
FAX (940) 464-5101

ADMINISTRATION  
(940) 464-7241  
FAX (940) 464-7297

MIDDLE SCHOOL  
(940) 246-2126  
FAX (940) 246-2128

HIGH SCHOOL  
(940) 262-7777  
FAX (940) 262-7783

September 8, 2009

Dear Parent and/or Guardian:

As you may know, flu can be easily spread from person to person. Therefore, we are taking steps to reduce the spread of flu in Argyle ISD. We want to keep the school open to students and functioning in a normal manner during this flu season. **But, we need your help to do this.**

We are working closely with the Texas Education Agency and the Denton County Health Department to monitor flu conditions and make decisions about the best steps to take concerning schools. We will keep you updated with new information as it becomes available.

For now we are doing everything we can to keep AISD schools functioning as usual. Some of the procedures currently in place include.

- **Students and staff with a temperature of 100 degrees or greater should stay home for at least 24 hours after they no longer have a fever, or signs of a fever, without the use of fever-reducing medication.** They should stay home even if they are using antiviral medications. Students with a temperature of 100 degrees or greater will be sent home.
- The following prevention measures will be encouraged and taught by the school nurses: **effective hand-washing techniques, cough etiquette, and other general flu information.**
- Installing **alcohol-based hand sanitizer dispensers** on various campuses.
- **Weekly communication** between the campus nurses and the Denton County Health Department.
- **Routinely cleaning** of all touch surfaces.

Here are a few things you can do to help.

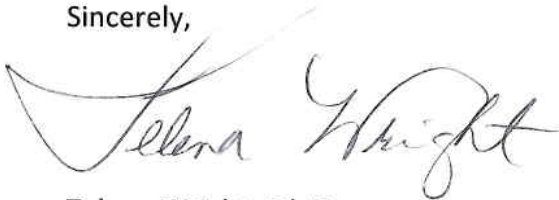
- **Don't send your child to school if he/she is sick.** Any children who are determined to be sick while at school will be sent home.
- **Teach your children to wash their hands** with soap and water or an alcohol-based hand rub.
- **Teach your children not to share personal items** like drinks, food or unwashed utensils, and to cover their coughs and sneezes with tissues. Covering up their coughs or sneezes using the elbow, arm, or sleeve instead of the hand when a tissue is unavailable.
- **Know the signs and symptoms of the flu.** Symptoms of the flu include fever (100 degrees Fahrenheit), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling tired. Some people may also vomit or have diarrhea.
- **Consider getting your family vaccinated** for seasonal flu and 2009 H1N1 vaccine when it becomes available.

**If the flu becomes more severe**, we may take additional steps to prevent the spread such as:

- making changes to increase the space between students such as moving desks farther apart and postponing field trips,
- dismissing students from school for at least 7 days if they become sick with flu-like systems, and
- recommending that students who have an ill household member stay home for five days from the day the first household member got sick. This is the time period they are most likely to get sick themselves.

For more information, visit [www.flu.gov](http://www.flu.gov) or [www.cdc.gov](http://www.cdc.gov). For updates regarding Argyle ISD's response to H1N1, visit our website at [www.argyleisd.com](http://www.argyleisd.com). We will notify you of any additional changes to our school's strategy to prevent the spread of flu.

Sincerely,

A handwritten signature in cursive script that reads "Telena Wright". The signature is written in black ink and is positioned to the right of the word "Sincerely,".

Telena Wright, Ed. D.  
Superintendent  
Argyle ISD