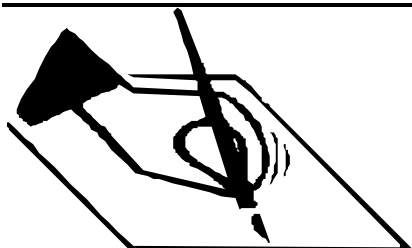


# INSIGHTS



December, 2006



## A Note From

*Carolyn Pierel  
Superintendent*

### Gift Giving Throughout the Year

Often I write about the generosity and support the district receives from our parents and community. I think that at this time of year when gift giving is a focus, it would be appropriate to recognize organizations and individuals who have made generous donations to Argyle ISD since the beginning of the school year.

The following is a list of donations approved by the Argyle Board of Trustees since August of 2006: Argyle Education Foundation Grants To Teachers Awards - \$10,467.84, Miles Foundation \$4,500 for microscopes in high school science labs, Argyle Youth Sports Association \$5,000 to repair gym floor in Eagle's Nest. Argyle Athletic Booster Club \$20,500 to

athletic department, Martin Lucas – Microsoft Giving Campaign, Argyle Crime Control and Prevention District \$500.00 for Red Ribbon Week, Chris and Sue Bancroft for Wall Street Journal and HS/MS parking lot security, Cycle Center of Denton – use of Kawasaki Utility Vehicle for athletic department, Dr. Wes Williams – football program, Mark Sutton – cabinetry for basketball program, Dr. Mosier and Dr. Pourzan – Band Trailer, Mike Sizelove – bleachers, concrete pads, batting cages for baseball, softball, Mike Pucciarello – air conditioner for press box, Marcia Pellicone – tennis program, James Wood – basketball scoring table, Rod Teel – charter bus for athletic department, Hilltop PTSA - \$22,115 for grounds improvement, office machinery and classroom supplies, PTSA \$1,500 grounds improvements, beautify teacher's lounges, teachers lunch program, Red Ribbon Week, Band Boosters - \$500.00 - private tuition, meals, trip expenses, Dr. Jeff and Dr. Debbie Cantrell – volunteer team doctors and batting cage.

There are so many people who generously donate their time and talent that it would be impossible to list them in this article. However, I would like

to recognize two ladies who have expended countless hours and energy in beautifying our campuses. To master gardeners Kathleen Gielink and Mary Beth Lynch, a special thank you for all that you do.

There are others who have given as well who may not have chosen to be recognized for doing so. I would like to express heart felt appreciation from the district to all who have contributed to the district's success. Many of the "extras" our students enjoy would not be possible without your help. Because of your willingness to give, our district has Christmas joy the entire year.

## Cyber Safety

*Dr. Telena Wright  
Asst. Superintendent*

<http://tcs.cybertipline.com/knowthedangers7.htm>

The Internet is a powerful tool. As with any tool, you must instruct your children on how to use it safely. Here is some information and some ideas to share with your children to increase their safety online.

## Cyber Safety Continued...

### CHAT ROOMS

Chat rooms let you have a conversation with people around the block or around the world. It's like being on a party line only you type instead of talk. Everyone in the chat room can see everything you type. With a chat room you never know who is in one, so never type anything you wouldn't say in public. Chat rooms are sometimes used by people to take advantage of others. Sometimes chat rooms are used by child molesters to find victims. Adults or even older teens seeking to exploit younger people don't necessarily tell the truth about who they are.

### CHATROOM CAUTION

You may want to get together with someone you meet in a chat room, but people are not always who they seem to be. Never give out personal information and never arrange a face-to-face meeting with someone you first meet in a chat room unless your parents have said it is OK. Stay away from chat rooms that get into subjects associated with dangerous things.

### NEWSGROUPS, FORUMS, AND BULLETN BOARDS

Newsgroups, sometimes called bulletin boards or forums, are places where you can read and post messages or download or upload files. Unlike chat rooms, newsgroups are not live or real time.

### NEWSGROUPS CAUTION

The biggest risk is in revealing information about yourself. Whenever you post your words are available for anyone to see. Never reveal identifying information about yourself.

### E-MAIL

E-mail is just like regular mail. You write to someone electronically and the person can respond to your message electronically.

### E-MAIL CAUTION

Be careful about replying to E-mail from people you don't know. The sender may not be who he or she seems to be. By replying you are verifying a valid E-mail address to the sender, and that information can be used to encourage a person who may send inappropriate messages or put you on even more e-mail lists. Never send a photograph of yourself or any personal information to someone you don't know. E-mail can easily be copied and forwarded to others. So if you do send personal information to friends, be sure they will respect your privacy.

### INSTANT MESSAGING

Instant messaging is an easy way to stay in touch without having to wait for an E-mail response. You type a message and click send. That message instantly appears on another person's screen wherever he or she happens to be. You can

exchange instant messages on computers and cell phones or between computers and cell phones or any other Internet-connected devices.

### INSTANT MESSAGING CAUTION

Be sure you know who is receiving the IMs you send. Even if you do know the recipients, anything you type can be forwarded to other people. There is no way to take back something once you send it. Be careful about using video or digital cameras and sending images of yourself during an IM session.

### SOCIAL NETWORKING

Social networking or blogging sites include MySpace, Friendster, Xanga and Facebook. Blogs and social networking sites have recently exploded in popularity. The majority of the activity on these sites is legal and can be positive. Young people who are curious connect with friends and seek like-minded individuals.

### SOCIAL NETWORKING CAUTION

Never post personal information; be aware that information you give out in blogs could also put you at risk of victimization. People looking to harm you could use the information you post to gain your trust. They can also deceive you by pretending they know you. Never give out your password; only add people as

## Cyber Safety Continued...

friends to your site if you know them in real life. Never meet in person with anyone you first met on a social networking site. Some people may not be who they say they are. Think before posting your photos. Never respond to harassing or rude comments posted on your profile. Check the privacy setting of the sites that you use. Remember posting information about your friends could put them at risk. Consider going through your blog and profile and removing information that could put you at risk. Anyone has access to your blog and profile, not just people you know.

## New Graduation Requirements for Freshmen of 2007

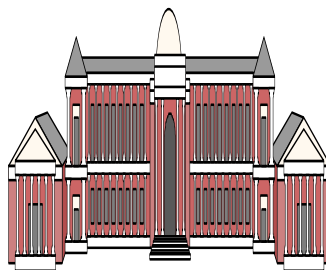
### Texas Education Agency: Source

State Board of Education gave final approval to upgraded high school graduation plans on November 17. Beginning with the freshmen class of 2007 students must have 26 credits to graduate on either the Recommended High School Program or the Distinguished Achievement Program. Four credits will be required in math and science; this is already the case in English and Social Studies.

There will be one additional change for students who enter ninth grade beginning with

school year 2012-2013. As of that year, Integrated Physics and Chemistry will no longer be a course option for students earning a diploma under these two degree plans.

Under the additional math requirements, all the courses available for the fourth math credit except Math Models with Applications have Algebra II as a prerequisite. Principles of Technology was added to the list of courses for which a physics credit can be earned. Math Models with Applications must be taken prior to Algebra II if selected. The first three math credits must be Algebra I, Algebra II and Geometry. The new graduation plans are known as the 4 x 4. The new rules do not affect the minimum graduation program which requires 22 credits. Under that plan, students must earn at least three credits in math and two in science.



**Argyle High School**  
**Principal**  
**Mr. Jeff Butts**

As the close of the first semester draws near, I felt it would be a good time to remind you of some of our policies we have at Argyle High School. Our students are doing a tremendous job of following our policies. However, there are

still a couple of our policies that our community and especially our parents may not know.

The first policy I will discuss is our cell phone policy. Our cell phone policy found in the Argyle ISD Policy Manual states that students are prohibited from using any type of telecommunication device such as, but not limited to, cell phones, pagers, e-mail communication devices or similar devices during school hours except with permission from school administration or in a life-threatening emergency. Possession is permitted as long as the device is not visible and is turned off. The penalty for violating this policy is as follows:

1<sup>st</sup> Offense: the device shall be removed from the student's possession. A parent or guardian may take possession of the device from the principal or designee at the conclusion of the school day.

2<sup>nd</sup> Offense: the device shall be removed from the student's possession. A parent or guardian may take possession of the device after a meeting with the principal or designee and paying an administration fee of \$15.

3<sup>rd</sup> Offense: shall be considered consistent misbehavior and shall be treated as such under the Student Code of Conduct.

A student is in violation of this policy if they are speaking to or text messaging anyone on their cell phone during school hours that does not meet the criteria mentioned in the policy. This includes a parent or guardian. If a parent

## High School Principal Continued...

or guardian feels they need to contact their student, they may do so by contacting the high school office at (940) 262-7777. If a student needs to contact a parent or guardian, they may come to the office and ask if they may use the student telephone located in our front office.

Another policy that we have at Argyle High School that one may not be aware of is our late work policy. The student handbook states that for work that is turned in late (this includes but not limited to projects such as compositions, bug collections, history papers and reports, special math projects, and any other assignments that are assigned) the teacher will follow the following guidelines. This same policy will count for homework and daily work.

- A maximum of ten points will be deducted when the assignment is turned in one day late with no prior arrangements or student contact with the teacher.
- Students are responsible for making arrangements to turn in late work.
- After the one-day period has passed the teacher may assign a grade of zero.
- Any exception must

- be cleared with the teacher and the principal.

Our students and faculty at Argyle High School are doing a tremendous job and are to be commended for the effort that is being put forth in returning our high school to the exemplary status we once cherished not long ago. If you have any questions concerning the education of your student please give us a call. We here at Argyle High School strive to help every student become successful in all of their endeavors.



## *From the desk of...* *Chris Daniel,* *Middle School Principal*

It is hard to believe that the first semester is coming to a close. As usual, there are a lot of things happening at AMS. Semester exams, UIL practices, assemblies, and athletics to name a few.

We ended October with an assembly for all of our middle school students in the auditorium. Retro Bill ([www.retrobill.com](http://www.retrobill.com)) came and spoke about the dangers of drugs and the importance of having a healthy self esteem. Since **Retro Bill** is “retro,” students were encouraged to

dress in 50’s clothes. When we announced this dress up day to the kids, they looked at us with blank stares. So...we met with them and showed them a brief (and appropriate) cut of the movie “Grease” to get ideas on what to wear. The kids had a great time and the assembly was awesome.

Our **volleyball and football seasons** came to a close in November and all teams had magnificent, successful seasons. Thanks to our middle school coaches, Brian Davidson, Aaron Dodson, Wesley Haynes, Doug Norman, Mandi Pels, Nick Price, Grady Roller, and Darren Wilson, for their time and effort preparing our kids. Many of the students removed their pads and jumped right into basketball. We look forward to a successful basketball season.

**UIL academic competition** practices have also begun. Events include social studies, math, number sense, listening, and many more. Most practices take place during advisory. Students who are interested in these competitions should attend the practices which are advertised during announcements and with posters in the middle school hallways. If you have any questions concerning UIL academic competition, please call Linda Creamer who is our UIL coordinator.

Finally, we will end our first semester with **semester exams**. Exams will take place the last three days, December 18-20, of

## Middle School Principal Continued...

the first semester. The last two days of school, December 19 and 20, will be early dismissal days. Exact exam times and dates will be posted on the district website. We will resume school on January 8, 2007.



**From: Robin McWhorter,  
Elementary Principal**

The first semester of school has gone so swiftly it feels as though we simply blinked it away. It amazes me how time seems to go faster and faster as our children seem to keep growing at a rapid pace. This month I wanted to take time to thank those of you able to come visit our school for our annual Thanksgiving meal. As I looked around at all of the parents, grandparents and relatives that came to eat lunch with a special child, it truly warmed my heart. So many of you continue to come every year and stand in our ever extending line with a smile on your face. Many of you eat multiple times so as not to leave any child out. To those who choose not to stand in line and prefer bringing in food from outside, thank you as well for coming to eat with us. When

it comes down to it, it is not the food that matters; the kind of food is irrelevant as I believe it is the fellowship with your child and others that is so special.

In closing, I wish to thank our extraordinary cafeteria ladies. They work very hard preparing a tremendous meal year after year, and I know you join me in thanking them for taking the time to make the lunch so wonderful for everyone.

Thanksgiving lunch is a very special event to come and share with your child; however, I hope all of you feel welcome at Hilltop no matter the occasion.  
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### ChooseToCare

**If you know about something that could harm you or some one you know, report it to your school officials now. But, if reporting what you know, in person, is not an option – provide your information online. ChooseToCare.com is safe, secure, and confidential. And, you can remain anonymous.**

**No Web access? Call toll free:  
877-277-3812**



### **Nurse's Corner By Jan Haney**

With the holiday season just around the corner, PREVENT BLINDNESS AMERICA teaches gift givers how to choose toys that are safe for children. "Too many people don't know what safety features to look for when purchasing toys," "That's one reason why toys now rank as the number one cause of eye injuries in children."

Last year more than 14,000 toy eye injuries were reported in hospital emergency rooms. The actual number may be higher because the statistic does not include injuries treated at outpatient clinics or private doctor's offices. Ninety percent of these eye accidents are preventable.

The right toy can help children develop imagination and coordination. An inappropriate toy can do more harm than good. While many toy manufacturers follow mandatory and voluntary safety guidelines for their products, a few do not. Your challenge is to find a toy the child will love and one that you know is safe.

How do you select a safe toy for that special someone? It can

## Nurse's Corner Continued...

be an easy task if gift givers keep the following tips in mind:

- Avoid toys that shoot projectiles or include parts that fly off. BB guns, slingshots and even water guns are dangerous because they invite children to target other youngsters.
- Inspect toys for sound construction. Products given to young children should be made of durable materials with no sharp edges or points. Toys should also withstand impact.
- Avoid giving toys with small parts to young children. These youngsters tend to put items in their mouths, increasing their risk of choking.
- Read instructions carefully and follow suggested age levels. Is the item appropriate for the child's ability and age? Age labeling is provided not just for developmental reasons, but for safety reasons as well.
- Look for the letters ASTM. This indicates that the product meets the national safety standards set by the American Society for Testing and Materials (ASTM).

Once the gift is purchased, keep the child's safety in mind

by explaining how to use the toy. Repair or throw away damaged toys and don't let the child misuse them in ways that could be dangerous. Keep toys intended for older children away from the younger ones.

Dangerous toys often look harmless, so inspect all toys before purchasing. Your child's holiday shouldn't begin in the emergency room. Choosing safe toys takes time, but it is time well spent. Help keep the holidays safe for children.

For a FREE copy of "Tips for Choosing Safe Toys," call PREVENT BLINDNESS AMERICA at 1-800-331-2020.

### STAPH INFECTIONS

Conditions known as staph infections are those caused by the bacteria *Staphylococcus aureus*. Many healthy people carry staph bacteria in their noses without getting sick. But when the skin is punctured or broken, staph bacteria can enter the wound and cause infections, which can lead to other health problems.

You can help prevent your child from developing a staph infection by encouraging regular hand washing, keeping your child's skin clean with a daily bath, and keeping areas that have been cut clean or covered. Staph can spread through the air, on contaminated surfaces, and from person to person. A child can carry staph bacteria from one area of the body to another on dirty hands and under dirty fingernails. Staph can pass from person to person the same way.

So hand washing is the most important way to prevent staph infections.

You can also help prevent staph skin infections by keeping your child's skin clean with a daily bath or shower. Keep areas of the skin that have been injured - such as cuts, scrapes, and rashes caused by allergic reactions and poison ivy - clean and covered, and use any other treatments that your doctor suggests. Staph bacteria can cause folliculitis, boils, scalded skin syndrome, impetigo, toxic syndrome, cellulitis and other types of infections.

Impetigo is a skin infection that can affect skin anywhere on the body but commonly occurs in the area around the nose and mouth. Impetigo usually affects preschool- and school-age children, especially when runny noses are common and the skin becomes irritated. Impetigo caused by staph bacteria is characterized by blisters containing fluid that is first clear, then cloudy. The blisters may burst, ooze fluid, and develop a honey-colored crust. Impetigo may itch, and it can be spread by scratching. It can spread over the area with red bumps the first evidence before blisters and opens areas develop. Typically, impetigo is treated with a topical ointment prescribed by a doctor and, depending on the severity, oral antibiotics may be added.

Folliculitis is an infection of hair follicles, tiny pockets under the skin where hair shafts (strands) grow. In folliculitis, tiny white-headed pimples appear at the base of

## Nurse's Corner Continued...

hair shafts, sometimes with a small red area around each pimple. Without treatment, folliculitis can either heal within 1 week or progress to become boils. With a boil, the staph infection spreads deeper and wider, often affecting the skin's **subcutaneous** tissue (deeper tissue under the skin) and the oil-producing glands, which are called **sebaceous** glands. In the first stage, which parents and kids often miss, the area of skin either begins to itch or becomes mildly painful. Next, the skin turns red and begins to swell over the infected area. Finally, the skin above the infection becomes very tender and a whitish "head" may appear. The head may break, and the boil may begin to drain pus, blood, or an amber-colored liquid. Boils can occur anywhere on the skin, especially under the arms or on the groin or buttocks in children. To help relieve pain from a boil, try warm-water soaks, a heating pad, or a hot-water bottle applied to the skin for about 20 minutes, three or four times a day. Boils are occasionally treated with oral antibiotics and in some cases need to be surgically drained. Without treatment, boils may heal once they open up and drain, but treatment makes them heal faster and may prevent the staph infection from spreading to other skin areas.

Scalded skin syndrome (SSS) most often affects newborns and children under age 5. The illness usually starts with a localized staph skin infection, but the staph bacteria

manufacture a toxin that affects skin all over the body. The child has a fever, rash, and sometimes blisters. The rash begins around the mouth, then spreads to the trunk, arms, and legs. As blisters burst and the rash passes, the top layer of skin is dislodged and the skin surface becomes red and raw, like a burn. Scalded skin syndrome is a serious illness that needs to be treated and monitored in a hospital. It affects the body in the same way as serious burns. After treatment, most kids make a full recovery.

Most localized staph skin infections can be treated by washing the skin with an antibacterial cleanser, applying an antibiotic ointment prescribed by a doctor, and covering the skin with a clean dressing. To keep the infection from spreading, use a towel only once when you clean an area of infected skin, then wash it (or use disposable towels). For most serious staph skin infections, your child's doctor may prescribe an antibiotic for your child. If so, give the antibiotic on schedule for as many days as your doctor directs. Call the doctor whenever your child has an area of red, irritated, or painful skin, especially if you see whitish pus-filled areas or your child has a fever or feels sick. Also, call the doctor if skin infections seem to be passing from one family member to another or if two or more family members have skin infections simultaneously.

Reviewed by: [Michael J. Harkness, MD](#) Date reviewed:

July 2005 Originally reviewed by: [Joel Klein, MD](#)

MRSA infection is an infection with a strain of *Staphylococcus aureus* bacteria that is resistant to antibiotics known as beta-lactams. These antibiotics include methicillin, amoxicillin and penicillin.

Over the past several years, MRSA infections in people not considered high-risk have increased. These infections, known as community-associated MRSA (CA-MRSA), occur in otherwise healthy people who have no history of hospitalization in the last year. Many such infections have occurred among athletes who share equipment or personal items (such as towels or razors) and children in daycare facilities.

Information sources: Healthline.com, Centers for Disease Control.

For more information on this disease and instructions for athletes and users of gyms, please contact the Middle School/High School Nurse Sherrie Thompson at [sthompson@argyleisd.com](mailto:sthompson@argyleisd.com)

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## Outdoor Education

by Scott McClure

Engaging, interactive, captivating, hands-on, fun and exciting are just a few words that help describe the Outdoor Education class at Argyle High School. This physical education course is one of the most popular courses offered

## Outdoor Education Continued...

for high school students. This is not your traditional P.E. class. The skills taught include: fishing, boating, orienteering, camping, archery, hunter safety, conservation, outdoor cooking, backpacking and CPR/First Aid. Students are challenged to learn new skills that can be used for a lifetime.

This semester, the class was able to master their angling skills by learning how to cast 4 different fishing rods and reels. Then each student practiced catching "Backyard Bass", a plastic fish designed to sharpen casting skills. Once the skills were mastered, the students enjoyed catching blue gill and catfish in the high school pond. For a greater challenge, the class was able to adventure over to the Furst Ranch and try their luck catching bass in their ponds. Thirteen students enjoyed catching their first fish of their lives while in the class. Ten students were able to get their Texas Parks and Wildlife Hunter Safety certifications.

Five students, along with one of their parents, were able to attend the Dallas Safari Club's SAFETY Extravaganza in Thurber, Texas. During the event, at Greystone Castle, each student and parent were given one-on-one safety instruction with a rifle, shotgun, black powder gun, archery and crossbow. They also participated in a safety skills exercise that taught conservation and ethical

hunting practices. While at the event, each student was graded on their safety skills, attitude, ethics and marksmanship. Some students that participated and graded well at the event were rewarded with a free guided hunting trip. Justin Beavers, one of Argyle High School's students, won a guided white tail hunt which he will take in December.

This month, the students will perfect their skills using a compass and a GPS unit. Each student will also be given an opportunity to be certified in the Texas Parks and Wildlife Boat Safety and American Heart Association's CPR/First Aid. This semester has been extremely rewarding for the students and the future looks outstanding. Next semester the students in Outdoor Education will be able to practice their angling skills using brand new equipment purchased with a grant from the Argyle Education Foundation.



**Save the Date**

AISD Education Foundation  
Black Diamond Affair. This  
year's ball is called:

**Deep in the  
Heart of Argyle**

**February 10<sup>th</sup>, 2007**

Austin Ranch at the DFW  
Hilton

.....

## ***The Argyle ISD Education Foundation***

***([www.argyleeducationfoundation.com](http://www.argyleeducationfoundation.com))*** held a Celebrating Excellence breakfast to honor the recipients of this Fall's Grants-To-Teachers Awards on Wednesday, November the 8<sup>th</sup>, at Hilltop Elementary.

Representatives of the foundation and district administration then visited the classrooms of each of the teachers receiving grants to hand out the awards on each of the campuses. It was a very exciting morning. The teacher's submitted grant requests in early October which were reviewed by an independent committee of community representatives. Almost \$10,500 in grants were awarded for projects that offer an innovative, creative approach to teaching within the AISD established curriculum framework. Individual grants range from \$100 to \$1,500.

AISD appreciates the extra effort that the teachers invested in applying for the grants and congratulates them for their awards. Superintendent Pierel recently stated that the Foundation support has enabled many of the District's teachers to grow professionally, as well as provide outstanding instruction to the students.

Elementary School  
Recipients:

**Sharon Ryan:** "Stepping into Fitness" High density polyethylene aerobic steppers

## Grants Awarded Continued...

will be used to introduce new activities to improve cardiovascular fitness and promote a variety of skills and activities that students in the Physical Education program will be able to carry on with in their future.

Award amount: \$1500.00

**Marilyn Kemp:** *“Learning to Read Naturally”* “Learning to Read Naturally” is a fluency intervention and/or supplemental program based on current scientific research on reading fluency. The program includes guided oral repeated reading and repeated reading techniques, accompanied with immediate quantitative feedback.

Award amount: \$1490.00

**Mallory Bownds:** *“The Influence of Culture on Works of Literature”* Specific works of literature will be utilized to enhance students’ abilities to analyze culturally diverse written texts. Culturally diverse texts are lacking in the current basal readers. These works will be used to analyze different literary elements and to explore the cultures of people different from ourselves.

Award amount: \$1486.00

## Middle School Recipients:

**Jamie Tomlinson:**

*“Student Tales Publishing”*

This program allows students the opportunity to participate in the book publishing process.

Each student will have their own work published at the end of the year.

Award amount: \$312.00

## High School Recipients:

**Tanya Kosla:** *“Tapestry Weaving”* Tapestry weaving will be utilized to introduce students to different fiber media and the art of weaving. Funds will be utilized to buy a loom and weaving supplies.

Award amount: \$876.44

**Jan Marx** *“An Early 20<sup>th</sup> Century American Perspective: Classical Connections”* Musical CDs and Books on many different artists will be utilized to supplement the current curriculum by providing connections between literature, history and the fine arts.

Award amount: \$276.76

**Kimberly Kass** *“Visualizing Chemistry”* The project will integrate current visual technology with the curriculum to help students more effectively visualize and comprehend difficult concepts. A projection unit provides more effective display of images and will allow students to create their own projects for presentations to the class.

Award amount: \$1328.00

**Brenda Spain:** *“Using Illustrator for Graphic Design”* Illustrator provides students a state of the art software application that will allow them to learn design software and expand their design skills.

Award amount: \$1500.00

**Shelley Simmons:** *“Espanol en Accion”* Supplemental materials in conjunction with the current curriculum, will be utilized to develop speaking, listening, reading, and writing skills and increase cultural awareness throughout the Spanish department.

Award amount: \$642.10

**Scot McClure:** *“Go Fishing for Life”* The Outdoor Education department will update borrowed and very well used equipment used to teach angling with new. As class sizes continue to increase, this equipment will allow more students hands on use.

Award amount \$1,056.54

Total Amount Awarded:  
\$10,467.84

Available award money for  
Spring 2007: \$19,532.16

The AISD Education Foundation would like to encourage parents to express their appreciation for the teachers that applied for grants and encourages all teachers to consider submitting grant requests for the Spring program which could include up to \$19,500 in teacher grant awards. Contact Dr. Telena Wright for more information or visit:

[www.argyleeducationfoundation.com/apply.aspx](http://www.argyleeducationfoundation.com/apply.aspx) for an application. The deadline for Spring grant submissions is the first Wednesday in March.



## ***Argyle Band News***

### ***BEGINNER BAND***

Beginner students will be making their music debut at their **Winter Holiday Concert on December 10 at 2:00 pm.** Remember, playing a musical instrument is very personal and students need lots of encouragement from home. We have many ideas for gifts for the budding musician for Christmas. Let us know if you need help!

### ***MIDDLE SCHOOL BANDS***

The results are in!! Out of 48 Argyle Middle School band students auditioning, 31 will be in the Region 2 All-Region Band. There were 5 students who placed as alternates. On flute: Courtney Klapp, Morgan Sain, Heather Taylor, Tess Athey, Rachel McGehee, and Zoe Koczo; on Oboe: Paige Wolfe; on Clarinet: Kerry Wade and Catherine Clark; on Alto Sax: Colton Kayfus and Lindsey Gardner; on Trumpet: Jaxon Taylor, Troy Hirschhorn, Conor Lynch, Patrick Klir, Kasey Eisenmann, Valerie Evan, Jason Barnett, and Colleen O'Connor; on French Horn: Austin Kline, Madison Sanders, Cameron Bradshaw,

and Allie Burke; on Trombone: Kyle Harrison, Cannon Spears, Sara Benitez, and Caroline Jenkins; on Euphonium: Nicholas Chrestopoulos; on Tuba: Jon Clark and Emily Talbot; on Snare Drum: Nick McKellar, Nick Strelke, Kate Walker, Michelle Kuckelman, and Eric Schinske; on Mallet Percussion: Sophia Ulman, Kelsea Ruehle, and Carley Hawk; on Timpani: Nick Gonzalez. Congratulations to all students who auditioned!

**Make plans to attend the Winter Holiday Concert on December 10.** We will begin the concert with the Beginner Band and work our way through middle school and up to the high school. The festivities begin at 2:00 pm and will conclude around 4:30.

Parents and students should be visiting [www.charmsmusic.com](http://www.charmsmusic.com) to update their information and to print off the various handouts that need to be returned. Be sure to sign and return the Parent Consent, MS Band Handbook, and Travel forms. Anyone who has trouble logging on should contact Mr. Anderson at [panderson@argyleisd.com](mailto:panderson@argyleisd.com). All student fees will begin to appear so that parents can keep track of what they have paid.

### ***HIGH SCHOOL BAND***

The high school band competed at the UIL State Marching Contest on Monday, November 6 at the Alamodome in San Antonio. The top seven bands were chosen in prelims, where

Argyle High School placed first. In the finals, Argyle came in 5<sup>th</sup> in the State! This is quite an accomplishment for our first year in 3A. The directors are very proud of the accomplishment of the students.

High School band students auditioned for Region Band on Saturday, November 11 at Bridgeport High School. Out of 48 students auditioning, 31 made the Region 2 All-Region Band and 18 will progress on to the Area level on January 6 at Argyle High School. On flute: Allie Hibert, Jennifer Barnett, and Kirsten Ketchersid; on Oboe: Julia Vickery; on Bassoon: Rita O'Connor and Jessica Lane; on Clarinet: Rachelle Schafer, Amanda Haltom, Kevin Wilkerson, Aaron Kline, Chloe Pourzan, and Kourtney Kellar; on Bass Clarinet: Kate Olsen; on Alto Sax: Erin O'Connor and Sara Mosier; on Tenor Sax: Jennifer Wittmis; on Horn: Rose Schirato, Adrianna Chrestopolous, and Scott Admire; on Trumpet: Melody Schirato, Ethan Clark, and Rachel Schermerhorn; On Trombone: Andrew Kline, Tyler Kass, and Paul Wright; on Euphonium: Elisa Tapia; on Tuba: Brian Norris and David Miller; on Percussion: Austin Hamm, Grant Bowers, Shannon Smith, and John Walker. Those students progressing on to Area are: Allie Hibert, Julia Vickery, Rita O'Connor, Jessica Lane, Rachelle Schafer, Amanda Haltom, Kevin Wilkerson, Aaron Kline, Kate Olsen, Erin **High School Band**

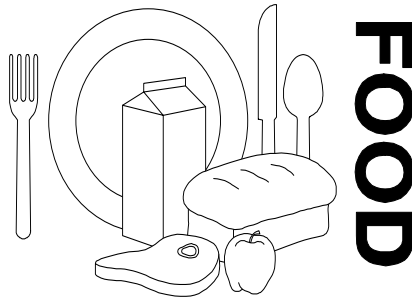
## Continued...

O'Connor, Rose Schirato, Adrianna Chrestopolous, Scott Admire, Melody Schirato, Ethan Clark, Andrew Kline, Brian Norris, and Austin Hamm. Congratulations to all students who auditioned.

**The high school band will be performing a few Christmas classics at the community tree lighting on December 7 at 6:00 pm.**

**Make plans to attend the Winter Holiday Concert on December 10.** The high school bands will follow the Beginner Band and the White and Red Bands from the middle school. We hope to start a tradition of inviting high school alumni who are still able to play their instruments to join us as we perform "Sleigh Ride". Alumni need to contact Mrs. Johnson to sign up and receive a copy of their part to practice. Mrs. Johnson can be reached at 940.262.7777 x 2259 or [kjohnson@argyleisd.com](mailto:kjohnson@argyleisd.com).

Students and parents should be visiting [www.charmsmusic.com](http://www.charmsmusic.com) to print off handouts and keep updated on information. Be sure to print off the HS Band Handbook, Parent Consent and Indemnification, and Travel forms, sign and return them to Mrs. Johnson. Anyone having trouble logging on should contact Mrs. Johnson at [kjohnson@argyleisd.com](mailto:kjohnson@argyleisd.com).



Food Service Director  
Kari Frederick

### Iron Deficiency Anemia

As old man winter approaches and schedules become increasingly hectic, I know that in order to achieve my goals and fulfill my obligations, it is imperative to prevent my child from getting sick through the winter months. Every parent handles this differently because every child has particular needs. Some children require additional sleep while asthmatic children have to pay very close attention to using preventative medications. However, all children can benefit from a balanced diet. Cold and flu season prompts many parents to watch their child's diet for vitamin C. But, the lack of iron in the diet can also leave your child feeling fatigued, short of breath, cold, and even lightheaded. In fact, iron deficiency is the most common nutrient deficiency in the world. The body requires iron in order to manufacture hemoglobin. Hemoglobin is the part of the red blood cell that binds to oxygen and carries it to the tissues from the lungs. A reduced amount of hemoglobin and red blood cells in the bloodstream is referred to as

anemia. While a diet lacking in iron is often the cause iron deficiency anemia, heavy menstruation or other blood loss, decreased iron absorption due diseases such as Crohn's disease, and periods of rapid growth, such as adolescence and pregnancy, can also be culprits. IDA among infants has decreased with the introduction of iron-fortified formula. However, children and teens still have increased iron needs that if not met through a balanced diet will lead to decreased blood iron levels and possibly IDA. Food sources high in iron include meat, beans, and dark green leafy vegetables. Fortified cereals, pastas and breads also play a very important role in providing iron. Because IDA develops over the course of time, the severity of signs and symptoms vary. Signs often associated with anemia include, pale skin, weakness, and irritability. If you suspect that your child is anemic it is critical that the diagnosis be made by a physician. The cause needs to be determined and a treatment plan needs to be developed. In some cases, diet changes are not sufficient and iron supplements are required. But, high doses of iron can be dangerous and can cause other serious health problems. Prevention is the key. Be aware of how often your child's iron level is checked, keep your child's annual check-up appointments, and provide a diverse diet that includes nutritious sources of iron. Also, remember that vitamin C rich foods aide in the absorption of iron, while excess

**Food Service Director  
Continued...**

dairy can inhibit iron absorption. You can learn more about IDA at [www.kidshealth.org](http://www.kidshealth.org) or [www.mayoclinic.com](http://www.mayoclinic.com). Here's to a healthy holiday season.

**UIL Academic  
News**

**Azle High School  
Math/Science Meet**

**Sweepstakes**

- 1<sup>st</sup> Argyle 2430
- 2<sup>nd</sup> Hirschi 1515

**Science**

- 1<sup>st</sup> team Argyle 620
- 2<sup>nd</sup> team Hirschi 318
- 1<sup>st</sup> senior Justin Johnson
- 2<sup>nd</sup> senior Heath Delka
- 3<sup>rd</sup> senior Chris Wilkerson
- 5<sup>th</sup> senior Chris Graf
- 6<sup>th</sup> senior Hilary Krebsbach
- 3<sup>rd</sup> junior Kirstie wade
- 1<sup>st</sup> sophomore Tyler Kass
- 2<sup>nd</sup> sophomore Thomas Quintana
- 2<sup>nd</sup> freshman Nick Strelke
- 3<sup>rd</sup> freshman Jake Sizelove
- 4<sup>th</sup> freshman Justin Bruton

**Biology**

- 1<sup>st</sup> Heath Delka

**Chemistry**

- 1<sup>st</sup> Chris Wilkerson

**Physics**

- 1<sup>st</sup> Justin Johnson

**Mathematics**

- 1<sup>st</sup> team Argyle 568

- 2<sup>nd</sup> team Hirschi 410
- 1<sup>st</sup> senior Justin Johnson
- 4<sup>th</sup> senior Chris Wilkerson
- 5<sup>th</sup> senior Chris Graf
- 6<sup>th</sup> senior Heath Delka
- 3<sup>rd</sup> junior Phillip Fullingim
- 4<sup>th</sup> junior Kirstie Wade
- 1<sup>st</sup> sophomore Thomas Quintana
- 7<sup>th</sup> sophomore Riley Lynch
- 1<sup>st</sup> freshman Nick Strelke
- 4<sup>th</sup> freshman Jake Sizelove
- 4<sup>th</sup> freshman Justin Bruton

**Calculator Applications**

- 1<sup>st</sup> team Argyle 729
- 2<sup>nd</sup> team Poolville 455
- 1<sup>st</sup> senior Justin Johnson
- 3<sup>rd</sup> senior Chris Wilkerson
- 5<sup>th</sup> senior Heath Delka
- 1<sup>st</sup> sophomore Tyler Kass
- 8<sup>th</sup> sophomore Thomas Quintana
- 1<sup>st</sup> freshman Nick Strelke

**Number Sense**

- 1<sup>st</sup> team Argyle 513
- 2<sup>nd</sup> team Hirschi 386
- 2<sup>nd</sup> senior Justin Johnson
- 2<sup>nd</sup> junior Kirstie Wade
- 4<sup>th</sup> junior Phillip Fullingim
- 1<sup>st</sup> sophomore Thomas Quintana
- 1<sup>st</sup> freshman Nick Strelke
- 4<sup>th</sup> freshman Jake Sizelove
- \*\*\*\*\*

***The NJHS would like to thank all the parents who donated to our "Trick or Treat" Buckets. We were able to fill 35 Jack-o-Lanterns full of candy and prizes. These were donated to the kids in crisis at Friends of the Family in Denton.***

***Our latest project is "Teacher Turkeys". Each grade level buys feathers to "dress" their teacher. The***

***class that buys the most feathers will get to see their teacher wear a t-shirt made of feathers to school Friday, November 17<sup>th</sup>. All money raised will go to future projects.***

***We will soon begin our second year raising money for the national Great American Bake Sale. Our students will sell homemade baked goods to raise money to fight childhood hunger in America. We will sell during some AMS home basketball games. Our first dates are Monday, Dec 4<sup>th</sup> and Dec 11<sup>th</sup>. If you see our table, please support this great cause.***

***These students are doing a great job with these projects, while making our school and our community a better place. For more information about these projects, please call Debra Drake at AMS, ext. 2251.***



***School will resume  
January 8, 2007***

